

Free Webinar Sleep disorders in children with Autism: therapeutic approaches

Wednesday, February 7th, 2024 19:00 CET Prof. Carmen M Schroder, MD PhD, France

# Free Webinar

# Sleep disorders in children with Autism: therapeutic approaches

**Register** 

#### Why Attend

Here are the key learning outcomes when attending the webinar:



Develop advanced skills in clinically assessing and diagnosing sleep disorders specifically related to Autism Spectrum Disorder (ASD).



Gain an in-depth understanding of the neurobiological factors contributing to sleep disorders in children with ASD, including relevant research findings.



Stay updated on the latest research findings and emerging therapeutic approaches for sleep disorders in ASD, including ongoing clinical trials and potential future treatment modalities.



Discuss ethical considerations in the treatment of sleep disorders in children with ASD, emphasizing patient autonomy, informed consent, and considerations for diverse cultural backgrounds.

It is our pleasure to invite you to attend an interactive webinar focused on sleep disorders in children with Autism: therapeutic approaches, which will be presented by Prof. Carmen M. Schröder (MD, PhD, Professor of Child and Adolescent Psychiatry at Strasbourg University and Head of the Department of Child and Adolescent Psychiatry at Strasbourg University Hospitals)

### Why Attend

Sleep problems in children with ASD are highly prevalent (50-80%) and adversely affect their mental and physical health. Disturbed sleep in a child has a negative impact on the whole family's health and well-being. Early identification and intervention may help to offset some of the potentially detrimental effects due to impaired sleep in the developing child with ASD.

In this interactive webinar Prof. Schroder will explore practical tools for identification and management of insomnia in the busy daily practice and review patient cases with an interactive consultation with the audience.

#### **Program**



Insomnia in children with ASD - assessment and management in practice



Melatonin treatment: interactive clinical cases



Discussion and Q&A



**Conclusions** 

## Meet the Speaker

#### Prof. Carmen M Schröder

Prof. Carmen M. Schröder is a Professor of Child and Adolescent Psychiatry at the Faculty of Medicine in Strasbourg and head of the Department of Child and Adolescent Psychiatry at the University Hospitals in Strasbourg, France. She is also a sleep expert certified by the European Sleep Research Society (ESRS) and holds a PhD in neuroscience with a

particular expertise in sleep and chronobiology.

Ref: 1. Williams Buckley, A et al. Neurology. 2020;94(9):392-404. 2. Veatch, Olivia J et al. Autism Res. 2017;10(7):1221-1238. 3. Mazzone, Luigi et al. J Clin Med. 2018;7(5):102. 4. Banaschewski, T, et al. J Autism Dev Disord. 2021.

This is a meeting organized and funded by Neurim Pharmaceuticals (1991) Ltd (Neurim) and its partnering companies. This meeting is designated and open for healthcare professionals only and should not be accessed by members of the public.